HOSTED RETREATS IN THE SHENANDOAH VALLEY

THE UNDERGROWTH

Retreat Leader Packages

Luray, Virginia
15 min to Shenandoah National Park · ~90 min from DC
Exclusive use · up to 20 overnight guests · 2-night minimum

Every package includes

The whole property is yours. No other guests, shared spaces, or strangers on site.

- Exclusive use of The Undergrowth for your group
- Private woodland cabins for up to 20, with cotton linens and towels (never microfiber), laundered in unscented gentle detergent
- Communal gathering and dining space, plus tables, chairs, linens, serving dishes, place settings, glassware and flatware
- Fire pit with seating for the whole group, plus firewood
- Woodland grounds and open meadow for solo time and outdoor practice
- On-call caretaker throughout the stay
- Check-in 3 PM · check-out 11 AM · quiet hours from 10 PM

TIER 1 · THE SPACE

The Clearing

2 nights

A quiet, private property you run end to end, for leaders who bring their own cook, team and rhythm.

INCLUDED

- Everything in "Every package includes"
- Digital arrival guide with directions, cabin map and house notes, ready to forward to guests

YOU HANDLE

- All meals: bring a caterer, cook as a group, or add our catering partner à la carte
- Clean-up after meals
- Resetting the gathering space between sessions
- Guest communication, rooming and activities

TIER 2 · SUPPORTED

The Understory

2 nights

Food and logistics off your plate, so your energy goes into the room.

EVERYTHING IN THE CLEARING, PLUS

- Five family-style meals from our catering partner: arrival dinner, three meals on the full day, departure breakfast
- All-day coffee, tea and water station
- Vegetarian and gluten-free at no extra charge; allergies noted in advance
- Space set to your layout (circle, rows, mats or long table) and reset between sessions
- On-site host for all meals and resets on the full day
- One guided session with a local practitioner: yoga, meditation, breathwork or forest bathing
- 45-minute planning call and help with any logistics

YOU HANDLE

- Marketing and filling the retreat
- Registration, payments and pre-arrival communication
- Experiences beyond the one included

TIER 3 · FULL SERVICE

FULLY HOSTED

The Crown

2 nights

From booking to follow-up, we handle the logistics. You fill the room, teach, and go home.

EVERYTHING IN THE UNDERSTORY, PLUS

- Dedicated retreat coordinator, your single contact from booking through follow-up
- Help filling your retreat: a listing on our hosted-retreats page, two social posts and one newsletter feature (content pre-approved by The Undergrowth)
- Guest communications: welcome email, packing list, directions and a reminder the week prior
- Private chef-prepared meals, with afternoon snacks both days
- Welcome mocktails and charcuterie on arrival
- Welcome kit in every cabin with local Shenandoah Valley goods
- Two curated experiences: Shenandoah National Park guided hike, meditation, yoga or breathwork, sound bath, forest bathing, or Luray Caverns tickets
- On-site host 8 AM–8 PM all stay, plus daily cabin refresh
- Closing fireside evening with s'mores and hot cider
- Two hours of professional photography for your marketing
- Post-retreat guest survey, with results summarized for you

YOU HANDLE

- Your program
- Marketing and filling the retreat

Add-ons available with any package

Catering partner meals for Clearing groups: breakfast, lunch or dinner

Additional group experiences: yoga, sound bath, hikes and more

On-site massage therapist, booked by the hour

Videographer, two hours

Day guests for a single session, lunch included

Early check-in (12 PM) or **late check-out** (2 PM)

Photography, two hours

Good to know

- Two-night minimum; weekend stays run Friday to Sunday
- Midweek and small-group rates available
- Final headcount and dietary needs due 21 days before arrival
- Move up a package or add amenities until 45 days out

Ready to gather differently? Let's find your dates.

info@theundergrowth.org